

Pedi Integrative Medicine

First Tuesday and Third Thursday each month from 12:10-1pm EST (except over summer months)

	DATE	Session Title	Presenter	Facilitator	CORE Panel	Guest Panel	PFA
Tuesday	6/6/2023	Introduction to Integrative care: concepts and why -physician wellness (weave into all topics) -health equity (weave into all topics)	Matt Hand	Seddon Savage	Matthew Hand, Gerri Rubin, Jill Ryan, Megan Martel, Anne Pickett, Kate Peeler, Christina McLaughlin, Dietician		
Thursday	6/15/2023	Motivational Interviewing, basic approach working with patients	TBD	Erik Shessler	*Gerri on vacation		
Thursday	7/20/2023	Nutrition/food in our health	Dietician				
Thursday	8/17/2023	Movement in our health	TBD				
Tuesday	9/5/2023	Mind body therapies: MBSR, hypnosis, guided imagery, biofeedback (access, evaluating, usage etc)	Gerri Rubin				
Thursday	9/21/2023	Botanical boot camp including supplements	TBD				
Tuesday	10/3/2023	Acupuncture: Usage, Licensing, concepts, availability Western med acupuncture etc	TBD				
Thursday	10/19/2023	Manual medicine: OMT, Chiro, PT, massage, similarities, differences, how to evaluate	TBD				
Tuesday	11/7/2023	Anxiety/depression	TBD				
Thursday	11/16/2023	Sleep disturbances	TBD				
Tuesday	12/5/2023	Chronic Pain	TBD				
Thursday	12/21/2023	Developmental peds: ADHD, Autism	TBD				
Tuesday	1/2/2024	Heme/Onc	TBD				
Thursday	1/18/2024	GI: abdominal pain, IBD, N/V	TBD				
Tuesday	2/6/2024	Neuro: headaches, epilepsy	TBD				
Thursday	2/15/2024	Cardiology: HTN, non cardiac chest pain, POTS	TBD				
Tuesday	3/5/2024	Rheum: Chronic pain/EDS, Inflammatory conditions	TBD				
Thursday	3/21/2024	Endocrine: DM, thyroid disease	TBD				
Tuesday	4/2/2024	Pulmonary: asthma, VCD, CF	TBD				
Thursday	4/18/2024	how to address controversial topics: IE PANS/PANDAS, "Chronic Lyme", ETC.	TBD				

Learning Outcome Statement

The learner will be able to discuss a health based approach to patients through the use of integrative medicine, in all aspects of pediatric healthcare including primary care, subspecialties, inpatient and outpatient medicine.

Participants will be able to

Explain the importance of a health-based, integrative approach to care of the whole person and motivate patients to become active and informed partners in their care.

Articulate evidence and indications for use of diverse integrative, health-based therapies in patient care in different contexts, including: mind-body approaches, nutrition, movement and manual therapies, botanicals and supplements, acupuncture, and other integrative approaches.

Strategically and effectively implement health-based, integrative approaches into the care of patients to nurture wellness and address existing health conditions.

PLANNING TEAM

Name	Credentials	Role	Org	Email	Calendar Invite	COI	MOU
Matt Hand	DO	Section Chief Pediatric Nephrology, Pediatrics	Children's Hospital at Dartmouth Health	Matthew.M.Hand@hitchock.org	yes	yes	
Erik Shessler	MD	Associate Medical Director Pediatrics	Children's Hospital at Dartmouth Health	Erik.M.Shessler@hitchock.org	yes	yes	
Gerri Rubin	MD	Dept Chair Pediatrics Keene	Children's Hospital at Dartmouth Health	GRubin@Cheshire-Med.COM	yes	yes	
Jill Ryan	PA-C	PA outpatient clinic- Rheumatology	Children's Hospital at Dartmouth Health	Jill.F.Ryan@hitchock.org	yes	yes	
Anne (Elizabeth) Pickett	RN	Clinical Nurse, Pediatric Nephrology	Children's Hospital at Dartmouth Health	Elizabeth.A.Pickett@hitchock.org	yes	yes	
Kate (Katherine) Peeler	RN	Clinical Nurse, Pediatric Nephrology	Children's Hospital at Dartmouth Health	Katherine.C.Peeler@hitchock.org	yes	yes	
Megan Martel	APRN	APRN Outpatient Clinic, PEDI Nephrology	Children's Hospital at Dartmouth Health	Megan.M.Martel@hitchock.org	yes	yes	
Debra Hastings	PhD, RN, NPD-BC	Director, Nursing Professional Development	Dartmouth Health	Debra.P.Hastings@hitchock.org	N/A	N/A	N/A
Christina McLaughlin	RN	Clinical Research Nurse- PEDI GI	CHaD Specialty Clinics Dartmouth Health	Christina.M.McLaughlin@hitchock.org	yes	yes	
Meg Colgan	BA	ECHO Product Manager	Dartmouth Health	Megan.M.Colgan@hitchock.org	yes	yes	
Seddon Savage	MD	ECHO Education Director	Dartmouth Health	Seddon.R.Savage@dartmouth.edu	yes	yes	

PANEL (including above)

Name	MD	Role	Org	Email
Andy Wegman	L.Ac.	acupuncture	Manchesters acupuncture studios	dmin@manchesteracupuncturestudio.org
Filomena Kersey	RDN, LD	Clinical Dietician	CHaD Specialty Clinics Dartmouth Health	Filomena.J.Kersey@hitchock.org
Kiah Williams		Clinical Dietician	CHaD Specialty Clinics Dartmouth Health	Kiah.M.Williams@hitchock.org
Lesley Robie		Clinical Dietician	CHaD Specialty Clinics Dartmouth Health	Lesley.P.Robie@hitchock.org

Presenters

Name	Session	Role	Org	Email	Notes
Ellen Sejkora	s2 - MI			Ellen.K.Sejkora@hitchock.org	Matt emailed
Michele Guerra	s4	Manager, Employee Wellness	Dartmouth Health	Michele.Guerra@hitchock.org	Matt emailed